

Rotweinwanderweg-Volkslauf 12. Juni 2005

Ergebnisse 10 km

| Gesamt- platz | Start- Nr. | Name | Vorname | Verein | Alters- klasse | Platz AK | Zeit |
|------------------|---------------|-------------------|---------------|-------------------------|-------------------|-------------|----------|
| 1 | 165 | Wirtz | Harald | SFD Düsseldorf | LM30 | 1 | 00:39:03 |
| 2 | 42 | Branse | Konrad | LT Westum | LM50 | 1 | 00:39:10 |
| 3 | 161 | Schuster | Holger | Marienheide | LM35 | 1 | 00:40:34 |
| 4 | 193 | Houbè | Clemens | Tus Köln rrh | LM45 | 1 | 00:41:21 |
| 5 | 141 | Nachtsheim | Frank | Tri Team Sinzig | LM40 | 1 | 00:41:45 |
| 6 | 127 | Kube | Joachim | TV Sinzig 08 | LM55 | 1 | 00:41:57 |
| 7 | 13 | Heise | Roland | LG Rheinbach | LM40 | 2 | 00:41:58 |
| 8 | 160 | Götte | Britt | LT Ahrweiler | LW35 | 1 | 00:42:12 |
| 9 | 77 | Darmstadt | Tom | SC Kölsch Fründe | LM20 | 1 | 00:42:36 |
| 10 | 41 | Heinzen | Viola | Gerolsteiner LGV | JWB | 1 | 00:42:55 |
| 11 | 191 | Wandel | Walter | LT Ahrweiler | LM40 | 3 | 00:44:15 |
| 12 | 131 | Sieghart | Michael | Sportlich Team Bornheim | LM20 | 2 | 00:44:32 |
| 13 | 122 | Engel | Bernd | Buderus Runners | LM35 | 2 | 00:44:38 |
| 14 | 31 | Wagner | Leo | LT Baar | LM45 | 2 | 00:45:00 |
| 15 | 98 | Jansen | Michael | Neuenahr | LM30 | 2 | 00:45:09 |
| 16 | 50 | Eumes | Michael | LG Meckenheim | LM30 | 3 | 00:45:10 |
| 17 | 147 | Ratz | Renier | LT Wachtberger Drachen | LM40 | 4 | 00:45:28 |
| 18 | 156 | Manthei | Christian | Meckenheim | LM40 | 5 | 00:46:15 |
| 19 | 85 | Darmstadt | Harald | SC Kölsch Fründe | LM55 | 2 | 00:46:20 |
| 20 | 67 | Schäfer | Franz-Josef | LT Westum | LM45 | 3 | 00:46:34 |
| 21 | 183 | Bodes | Theo | LT Wachtberger Drachen | LM45 | 4 | 00:46:37 |
| 22 | 189 | Lehmacher | Georg | Königswinter | LM35 | 3 | 00:46:45 |
| 23 | 26 | Frackenpohl | Alfred | TV Wahlscheid | LM60 | 1 | 00:47:08 |
| 24 | 92 | Pesch | Tanja | TUS Kreuzweingarten | LW20 | 1 | 00:47:24 |
| 25 | 166 | Heck | Nikolaj | Ruderverein Godesberg | LM20 | 3 | 00:47:34 |
| 26 | 56 | Wald | Markus | TUS Arloff Kirspenich | LM30 | 4 | 00:47:40 |
| 27 | 184 | Caspari | Sabine | LT Wachtberger Drachen | LW40 | 1 | 00:47:42 |
| 28 | 61 | Schneider | Dirk | LF Brohltal | LM30 | 5 | 00:47:48 |
| 29 | 139 | Krämer | Hartwig | Bad Breisig | LM40 | 6 | 00:47:49 |
| 30 | 52 | Spitzlei | Thomas | LT TUS Lonnig | JMB | 1 | 00:48:05 |
| 31 | 190 | Kathe | Werner | LT Ahrweiler | LM50 | 2 | 00:48:05 |
| 32 | 47 | Niechoy | Ludger | LT Ahrweiler | LM45 | 5 | 00:48:20 |
| 33 | 140 | Krüger | Gerhard | TV Refrath | LM65 | 1 | 00:48:21 |
| 34 | 59 | Stephan | Doris | LG Gimmingen | LW35 | 2 | 00:48:22 |
| 35 | 24 | Schmidt | Helmut | Cologne Runners | LM45 | 6 | 00:48:55 |
| 36 | 102 | Kubach | Edgar | LG Gimmingen | LM45 | 7 | 00:49:01 |
| 37 | 178 | Zilliger | Christian | 1. FC Köln | LM20 | 4 | 00:49:08 |
| 38 | 57 | Stephan | Karl-Heinz | LG Gimmingen | LM40 | 7 | 00:49:20 |
| 39 | 142 | Peter | Erhard | Tus Stöcken | LM45 | 8 | 00:49:29 |
| 40 | 130 | Auf der Mauer | Lisa | Sportlich Team Bornheim | LW40 | 2 | 00:49:36 |
| 41 | 181 | Schönenborn | Alfons | LC Euskirchen | LM70 | 1 | 00:50:04 |
| 42 | 5 | Holbeck | Jan | Rheinbach | LM20 | 5 | 00:50:22 |
| 43 | 137 | Ohl | Heinz Hermann | Nümbrecht | LM50 | 3 | 00:50:23 |
| 44 | 97 | Meffert | Heiko | BC Smash Betzdorf | LM30 | 6 | 00:50:42 |
| 45 | 15 | Schmitz | Monika | TV Altendorf Ersdorf | LW40 | 3 | 00:50:52 |
| 46 | 126 | Harzen | Mike | Dernau | JMB | 2 | 00:51:19 |
| 47 | 182 | Heinen | Christa | Gerolsteiner LGV | LW35 | 3 | 00:51:23 |
| 48 | 158 | Börngen | Dietmar | LC Bachem | LM55 | 3 | 00:51:25 |
| 49 | 155 | Christiansen | Jörg | TV Altendorf Ersdorf | LM45 | 9 | 00:51:29 |
| 50 | 124 | Christoffel | Manfred | Kröv | LM50 | 4 | 00:51:32 |
| 51 | 162 | Strohe | Judith | LT SV Westum | LW40 | 4 | 00:51:34 |
| 52 | 54 | Gausmann-Vollrath | Maike | LT Ahrweiler | LW30 | 1 | 00:51:43 |
| 53 | 14 | Schmitz | Peter | TV Altendorf Ersdorf | LM40 | 8 | 00:51:52 |

| Gesamt- platz | Start- Nr. | Name | Vorname | Verein | Alters- klasse | Platz AK | Zeit |
|------------------|---------------|--------------|---------------|--------------------------|-------------------|-------------|----------|
| 54 | 146 | Nüßler | Jens | Rheinbach | LM40 | 9 | 00:51:53 |
| 55 | 25 | Paffrath | Siegfried | Alfterer SC | LM55 | 4 | 00:52:01 |
| 56 | 30 | Schreiner | Ewald | Euskirchen | LM45 | 10 | 00:52:11 |
| 57 | 177 | Creuzberg | Matthias | SV Blau-Gelb Dernau | LM20 | 6 | 00:52:12 |
| 58 | 114 | Nietsche | Volker | LT Baar | LM40 | 10 | 00:52:17 |
| 59 | 40 | Gensheimer | Josef | LT Wachtberger Drachen | LM50 | 5 | 00:52:20 |
| 60 | 120 | Dedek | Michael | | LM35 | 4 | 00:52:27 |
| 61 | 118 | Schneider | Roland | | LM40 | 11 | 00:52:41 |
| 62 | 18 | Klaus | Peter | Kanu Club Königswinter | LM40 | 12 | 00:52:42 |
| 63 | 164 | Scherwood | William | Euskirchen Kuchenheim | LM60 | 2 | 00:52:43 |
| 64 | 64 | Schneider | Günter | LT Westum | LM45 | 11 | 00:52:44 |
| 65 | 107 | Bock | Friedhelm | LT Peugeot Rheinland | LM40 | 13 | 00:52:51 |
| 66 | 96 | Baldauf | Ralf | LT Ahrweiler | LM45 | 12 | 00:52:58 |
| 67 | 135 | Steinmetzler | Helmut | Sinzig-Koisdorf | LM45 | 13 | 00:53:06 |
| 68 | 143 | Paetz | Klaus | SV Blau-Gelb Dernau | LM45 | 14 | 00:53:09 |
| 69 | 186 | Fuchs | Andreas | LT Ahrweiler | LM45 | 15 | 00:53:12 |
| 70 | 101 | Schmitz | Rainer | LG Gimmingen | LM40 | 14 | 00:53:14 |
| 71 | 167 | Fischer | Hermann-Josef | TV Voiswinkel | LM60 | 3 | 00:53:14 |
| 72 | 138 | Döhrn | Dirk | Bad Breisig | LM35 | 5 | 00:53:24 |
| 73 | 4 | Peeters | Wolfgang | TUS Bleifuss-Mechernich | LM55 | 5 | 00:53:30 |
| 74 | 78 | Köhns | Thomas | SC Kölsch Fründe | LM35 | 6 | 00:53:34 |
| 75 | 79 | Philippi | Nicola | SC Kölsch Fründe | LW35 | 4 | 00:53:34 |
| 76 | 10 | Ulken | Torsten | Köln-Sürth | LM30 | 7 | 00:53:39 |
| 77 | 151 | Schmitz | Manfred | Tus 05 Arloff Kirspenich | LM55 | 6 | 00:53:48 |
| 78 | 179 | Sebastian | Maik | Eintracht Frankfurt | LM20 | 7 | 00:53:59 |
| 79 | 65 | Schroeter | Gisela | LT Westum | LW50 | 1 | 00:54:16 |
| 80 | 134 | Baltes | Marlies | Mayschoß | LW45 | 1 | 00:54:20 |
| 81 | 144 | Peltzer | Jens | Lantershofen | LM30 | 8 | 00:54:24 |
| 82 | 180 | Zörner | Daniel | SV Blau-Gelb Dernau | JMA | 1 | 00:54:24 |
| 83 | 170 | Kunert | Andreas | SV Blau-Gelb Dernau | JMB | 3 | 00:54:32 |
| 84 | 68 | Schick | Daniel | SSF Bonn | LM20 | 8 | 00:54:35 |
| 85 | 69 | Brungs | Aaron | SSF Bonn | LM20 | 9 | 00:54:46 |
| 86 | 21 | Niederhausen | Inge | TKSV Duisdorf | LW50 | 2 | 00:54:47 |
| 87 | 172 | Scherhag | Klaus-Peter | Weibern | LM50 | 6 | 00:54:56 |
| 88 | 48 | Kirch | Dietmar | Grafschaft | LM45 | 16 | 00:55:20 |
| 89 | 38 | Jentsch | Karin | LT Wachtberger Drachen | JWB | 2 | 00:55:28 |
| 90 | 39 | Jentsch | Lothar | LT Wachtberger Drachen | LM45 | 17 | 00:55:30 |
| 91 | 105 | Felsch | Reimund | LG Gimmingen | LM45 | 18 | 00:55:34 |
| 92 | 145 | Jonen | Ruth | Rheinbach | LW35 | 5 | 00:55:34 |
| 93 | 16 | Leunk | Marco | A.V.Cialfo | LM20 | 10 | 00:55:37 |
| 94 | 6 | Scheuren | Walter | Scheverheck | LM55 | 7 | 00:55:39 |
| 95 | 176 | Klein | Jörk | Bonn | LM45 | 19 | 00:55:46 |
| 96 | 43 | Gebhard | Willi | Gelsdorf | LM45 | 20 | 00:55:54 |
| 97 | 185 | Ziegert | Jürgen | LTD Köln - Dellbrück | LM40 | 15 | 00:55:56 |
| 98 | 192 | Leyendecker | Rudolf | Rotwein-Runners | LM45 | 21 | 00:55:57 |
| 99 | 121 | Ant | Josef | LA TUS Mayen | LM50 | 7 | 00:55:58 |
| 100 | 20 | Schmidt | Ute | Kanu Club Königswinter | LW40 | 5 | 00:56:05 |
| 101 | 49 | Kluth | Ulla | LG Meckenheim | LW35 | 6 | 00:56:06 |
| 102 | 159 | Metzler | Frank Derek | Bergfreunde Luis Trenker | LM40 | 16 | 00:56:19 |
| 103 | 174 | Wiesel | Ernst | Bonn | LM35 | 7 | 00:56:28 |
| 104 | 168 | Thibault | Klaus | Bonn | LM35 | 8 | 00:56:32 |
| 105 | 136 | Arzdorf | Willi | MGV Koisdorf | LM45 | 22 | 00:56:35 |
| 106 | 173 | Thibault | Hans | Bonn | LM40 | 17 | 00:56:35 |
| 107 | 45 | Schmitz | Rudolf | Torpedo Scheverheck | LM45 | 23 | 00:56:52 |
| 108 | 27 | Braun | Ingo | Bonn | LM40 | 18 | 00:56:58 |
| 109 | 66 | Gassen | Christiane | LT Westum | LW45 | 2 | 00:57:14 |
| 110 | 88 | Heinen | Frank | Sinzig | LM40 | 19 | 00:57:14 |

| Gesamt- platz | Start- Nr. | Name | Vorname | Verein | Alters- klasse | Platz AK | Zeit |
|------------------|---------------|-------------------|------------|-------------------------|-------------------|-------------|----------|
| 111 | 29 | Tönnis | Alfred | Hönningen | LM50 | 8 | 00:57:19 |
| 112 | 55 | Schieferdecker | Christiane | Dürener TV 1847 | LW60 | 1 | 00:57:36 |
| 113 | 106 | Schaffer | Sabine | Mayschoss | LW35 | 7 | 00:57:41 |
| 114 | 109 | Segura | Gernot | | LM60 | 4 | 00:57:43 |
| 115 | 148 | Ratz | Delia | LT Wachtberger Drachen | LW40 | 6 | 00:58:08 |
| 116 | 7 | Eicks | Helmut | Scheverheck | LM55 | 8 | 00:58:22 |
| 117 | 3 | Frechen | Sven | Rheinbach | LM20 | 11 | 00:58:26 |
| 118 | 2 | Bellomo | Filippo | Rheinbach | LM30 | 9 | 00:58:27 |
| 119 | 108 | Gyr | Manfred | SV Leimbach | LM35 | 9 | 00:58:36 |
| 120 | 72 | Stein | Marco | SC Kölsch Fründe | JMB | 4 | 00:58:42 |
| 121 | 153 | Hansen | Uwe | TV Altendorf Ersdorf | LM45 | 24 | 00:58:46 |
| 122 | 51 | Ruschke | Jens | Koblenz | LM35 | 10 | 00:58:53 |
| 123 | 187 | Scholz | Alexander | SV Blau-Gelb Dernau | LM40 | 20 | 00:59:01 |
| 124 | 129 | Kern | Svenja | Sportlich Team Bornheim | LW40 | 7 | 00:59:11 |
| 125 | 93 | Arentz | Winfried | Laufteam Stadtpark | LM45 | 25 | 00:59:26 |
| 126 | 36 | Wolf | Ursula | TV Huchem-Stammeln | LW50 | 3 | 00:59:39 |
| 127 | 171 | Niehaus | Alex | Ahrbrück | JMB | 5 | 00:59:40 |
| 128 | 74 | Janson | Tom | SC Kölsch Fründe | JMB | 6 | 01:00:33 |
| 129 | 115 | Apmann | Yvonne | LT Baar | LW30 | 2 | 01:00:55 |
| 130 | 73 | Engeländer | Nico | SC Kölsch Fründe | JMB | 7 | 01:01:03 |
| 131 | 82 | Janson | Stephan | SC Kölsch Fründe | LM40 | 21 | 01:01:05 |
| 132 | 103 | Kohlhaas | Martina | LG Gimmingen | LW40 | 8 | 01:01:05 |
| 133 | 104 | Kohlhaas | Hans | LG Gimmingen | LM45 | 26 | 01:01:21 |
| 134 | 84 | Steckenbach | Jürgen | SC Kölsch Fründe | LM45 | 27 | 01:01:26 |
| 135 | 83 | Stein | Wolfgang | SC Kölsch Fründe | LM40 | 22 | 01:01:35 |
| 136 | 86 | Frank | Reinhold | SC Kölsch Fründe | LM55 | 9 | 01:01:55 |
| 137 | 87 | Meyer | Wilfried | SC Kölsch Fründe | LM55 | 10 | 01:01:56 |
| 138 | 76 | Darmstadt | John | SC Kölsch Fründe | LM20 | 12 | 01:01:57 |
| 139 | 46 | Fritsch | Thomas | St. Augustin | LM35 | 11 | 01:01:58 |
| 140 | 132 | Schaefer | Volker | Schuld | LM35 | 12 | 01:01:58 |
| 141 | 149 | Schlaak | Bernhardt | LT Wachtberger Drachen | LM45 | 28 | 01:02:05 |
| 142 | 28 | Riedel | Volker | LT Venusberg | LM55 | 11 | 01:02:08 |
| 143 | 133 | Hertel | Walter | Reifferscheid | LM35 | 13 | 01:02:12 |
| 144 | 11 | Decker | Rosina | Rath-Heumar | LW50 | 4 | 01:02:13 |
| 145 | 89 | Dieckmann | Beatrix | Niederzissen | LW40 | 9 | 01:02:17 |
| 146 | 195 | Hunger | Bernd | LT Ahrweiler | LM60 | 5 | 01:02:21 |
| 147 | 63 | Scholten | Nelleke | Gruitten-Neandertal | LW50 | 5 | 01:02:32 |
| 148 | 113 | Pung | Claudia | LT Baar | LW40 | 10 | 01:03:15 |
| 149 | 80 | Steffens | Marion | SC Kölsch Fründe | LW40 | 11 | 01:03:31 |
| 150 | 12 | Decker | Rolf | Rath-Heumar | LM60 | 6 | 01:03:42 |
| 151 | 23 | Laudan | Claudia | TKSV Duisdorf Bonn | LW35 | 8 | 01:03:53 |
| 152 | 22 | Löhndorf | Thomas | TKSV Duisdorf Bonn | LM40 | 23 | 01:04:16 |
| 153 | 117 | Schneider-Te-Gro. | Birgitt | | LW40 | 12 | 01:04:17 |
| 154 | 119 | Dedek | Sabine | | LW35 | 9 | 01:04:27 |
| 155 | 154 | Peters | Gabi | TV Altendorf Ersdorf | LW45 | 3 | 01:04:28 |
| 156 | 35 | Vilvo | Ursula | TV Huchem-Stammeln | LW65 | 1 | 01:04:32 |
| 157 | 150 | Schlaak | Jasmin | LT Wachtberger Drachen | LW40 | 13 | 01:04:34 |
| 158 | 53 | Schumacher | Hannelore | LK 42,2 ST. Augustin | LW50 | 6 | 01:04:52 |
| 159 | 152 | Mauel | Willi | TV Altendorf Ersdorf | LM50 | 9 | 01:05:00 |
| 160 | 44 | Rückel | Brigitte | RSC-Rheinbach | LW45 | 4 | 01:05:06 |
| 161 | 1 | Ratz | Rudi | BSG Rheinbach | LM50 | 10 | 01:05:15 |
| 162 | 116 | Rohen | Kerstin | LT Baar | LW20 | 2 | 01:05:16 |
| 163 | 169 | Thibault | Klaus | F.C. Pech | LM65 | 2 | 01:05:48 |
| 164 | 123 | Retterath | Willi | LT Baar | LM65 | 3 | 01:05:49 |
| 165 | 58 | Ihms | Rolf | TG 81 Düsseldorf | LM75 | 1 | 01:06:04 |
| 166 | 175 | Palm | Monika | Berlin | LW50 | 7 | 01:06:04 |
| 167 | 125 | Thiel | Ursel | Bergisch-Gladbach | LW40 | 14 | 01:06:48 |

| Gesamt- platz | Start- Nr. | Name | Vorname | Verein | Alters- klasse | Platz AK | Zeit |
|------------------|---------------|-----------------|---------|----------------------|-------------------|-------------|----------|
| 168 | 163 | Schneider | Hans | LG Laacher See | LM70 | 2 | 01:06:53 |
| 169 | 94 | Franzen | Manuela | Grafschaft | LW40 | 15 | 01:07:24 |
| 170 | 95 | Maul | Birgit | Grafschaft | LW40 | 16 | 01:07:28 |
| 171 | 100 | Schardt | Stefan | Dernau | LM35 | 14 | 01:07:31 |
| 172 | 128 | Loepke | Lea | TVE Bad Münstereifel | JWB | 3 | 01:07:50 |
| 173 | 111 | Resch-Retterath | Bettina | LT Baar | LW35 | 10 | 01:11:45 |
| 174 | 112 | Görgen | Doro | LT Baar | LW40 | 17 | 01:11:46 |
| 175 | 71 | Liftner | Laura | SC Kölsch Freunde | JWB | 4 | 01:13:31 |
| 176 | 157 | Schulte-Schröer | Hermann | Altenkirchen | LM70 | 3 | 01:13:56 |
| 177 | 75 | Liftner | Katinka | SC Kölsch Freunde | JWB | 5 | 01:14:41 |
| 178 | 81 | Liftner | Uwe | SC Kölsch Freunde | LM40 | 24 | 01:14:42 |
| 179 | 17 | Leunk | Anne | A.V.Cialfo | LW45 | 5 | 01:18:18 |
| 180 | 194 | Berger | Peha | Witterschlick | LW45 | 6 | 01:20:00 |

Rotweinwanderweg-Volkslauf 12. Juni 2005

Ergebnisse 20 km

| Gesamt- platz | Start- Nr. | Name | Vorname | Verein | Alters- klasse | Platz AK | Zeit |
|------------------|---------------|-------------|----------|--------------------------|-------------------|-------------|----------|
| 1 | 193 | Schneider | Norbert | TV Scheven | LLM35 | 1 | 01:18:17 |
| 2 | 66 | Mertens | Hans | Rheinbach | LLM40 | 1 | 01:21:58 |
| 3 | 170 | Apfelbaum | Frank | Team Lukullus | LLM40 | 2 | 01:22:31 |
| 4 | 82 | Pipper | Wolfgang | LK 42,2 ST. Augustin | LLM45 | 1 | 01:24:22 |
| 5 | 58 | Dammann | Heribert | LG Meckenheim | LLM40 | 3 | 01:24:27 |
| 6 | 33 | Pfolk | Dieter | Laufzentrum Martinstr. | LLM40 | 4 | 01:24:51 |
| 7 | 93 | Schyrrer | Stefan | LT Westum | LLM40 | 5 | 01:25:18 |
| 8 | 184 | Pöschl | Udo | GSV Porz Köln | LLM35 | 2 | 01:25:30 |
| 9 | 191 | Pollerhoff | Michael | Monis Team Köln | LLM35 | 3 | 01:26:49 |
| 10 | 48 | Huppertz | Marcel | BG Dernau | LLM30 | 1 | 01:26:55 |
| 11 | 192 | Krämer | Robert | Monis Team Köln | LLM35 | 4 | 01:27:07 |
| 12 | 154 | Richarz | Wolfgang | TUS Erpel | LLM45 | 2 | 01:28:38 |
| 13 | 198 | Heck | Horst | LAV Bad Godesberg | LLM45 | 3 | 01:28:54 |
| 14 | 97 | Seitz | Steffi | TV Waldstraße | LLW45 | 1 | 01:28:59 |
| 15 | 63 | Wolf | Hubert | TV Huchem-Stammeln | LLM50 | 1 | 01:29:03 |
| 16 | 84 | Mueller | Klaus | SSG Königswinter | LLM60 | 1 | 01:29:39 |
| 17 | 136 | Bersheim | Lars | LF Brohltal | LLM30 | 2 | 01:30:02 |
| 18 | 175 | Lenz | Wolfgang | Kesseling | LLM55 | 1 | 01:30:09 |
| 19 | 200 | Jahr | Michael | LT Ahrweiler Lauftreff | LLM50 | 2 | 01:30:13 |
| 20 | 12 | Stuig | Marco | Köln | LLM30 | 3 | 01:30:17 |
| 21 | 36 | Sobieroj | Matthias | Kölner Ausdauerklub e.v. | LLM35 | 5 | 01:30:47 |
| 22 | 116 | Heyna | Joachim | | LLM45 | 4 | 01:31:42 |
| 23 | 75 | Fuchs | Johannes | Eckendorf | LLM40 | 6 | 01:32:18 |
| 24 | 117 | Hoß | Josef | VFL Waldbreitbach | LLM50 | 3 | 01:32:27 |
| 25 | 155 | Mertens | Norbert | | LLM40 | 7 | 01:32:32 |
| 26 | 81 | Ploß | Achim | Solinger SC | LLM45 | 5 | 01:33:10 |
| 27 | 104 | Jender | Rolf | SC Kölsch Fründe | LLM50 | 4 | 01:33:41 |
| 28 | 4 | Schulte | Stephan | T-Mobile | LLM40 | 8 | 01:33:52 |
| 29 | 113 | Oppermann | Eckhard | | LLM45 | 6 | 01:33:53 |
| 30 | 144 | Geiken | Annette | | LLW35 | 1 | 01:33:59 |
| 31 | 153 | Reiser | Jürgen | LG RWE Power | LLM40 | 9 | 01:34:01 |
| 32 | 108 | Schneider | Stefan | SC Kölsch Fründe | LLM35 | 6 | 01:34:18 |
| 33 | 89 | Strelav | Detlef | Gruiten-Neandertal | LLM50 | 5 | 01:34:19 |
| 34 | 199 | Nassen | Gregor | VFL Waldbreitbach | LLM35 | 7 | 01:34:19 |
| 35 | 148 | Burggraf | Klaus | SV47 Mutscheid | LLM40 | 10 | 01:34:28 |
| 36 | 143 | Harms | Michael | Ostfriesenpower | LLM35 | 8 | 01:34:36 |
| 37 | 53 | Hees | Albert | Tolbiac Löft | LLM50 | 6 | 01:34:57 |
| 38 | 183 | Breutigam | Klaus | Köln | LLM35 | 9 | 01:35:21 |
| 39 | 188 | Dreser | Günther | Bad Neuenahr | LLM45 | 7 | 01:35:25 |
| 40 | 94 | Blüher | Klaus | LT Westum | LLM55 | 2 | 01:35:45 |
| 41 | 41 | Böhm | Werner | Altenahr | LLM45 | 8 | 01:35:49 |
| 42 | 173 | Altendorf | Oskar | TV Refrath | LLM50 | 7 | 01:36:01 |
| 43 | 80 | Hoffmeister | Rainer | RW Essen | LLM50 | 8 | 01:36:13 |
| 44 | 107 | Krüger | Willi | SC Kölsch Fründe | LLM55 | 3 | 01:36:41 |
| 45 | 5 | Otten | Walter | BSG JVA Rheinbach | LLM40 | 11 | 01:37:01 |
| 46 | 162 | Baltes | Hartwig | | LLM45 | 9 | 01:37:10 |
| 47 | 101 | Strauch | Gerd | Bergfreunde Luis-Trenker | LLM45 | 10 | 01:37:33 |
| 48 | 72 | Lisieki | Ralf | | LLM45 | 11 | 01:38:19 |
| 49 | 85 | Glass | Ralf | Running-Team Burgbrohl | LLM40 | 12 | 01:38:36 |
| 50 | 158 | Mager | Wolfgang | Sportlich Team Bornheim | LLM45 | 12 | 01:38:44 |
| 51 | 201 | Zinke | Gert | Bonn | LLM45 | 13 | 01:39:25 |
| 52 | 64 | Haringer | Heiko | Solinger SC | LLM45 | 14 | 01:39:27 |

| Gesamt- platz | Start- Nr. | Name | Vorname | Verein | Alters- klasse | Platz AK | Zeit |
|------------------|---------------|------------|--------------|------------------------|-------------------|-------------|----------|
| 53 | 202 | Dr. Esser | Horst | Lohmar | LLM60 | 2 | 01:39:46 |
| 54 | 186 | Neitzert | Stefan | TRI Power Aegidienberg | LLM40 | 13 | 01:39:49 |
| 55 | 196 | Aretz | Manfred | Alfterer SC | LLM55 | 4 | 01:40:03 |
| 56 | 187 | Schopp | Walter | RC Herschbroich | LLM50 | 9 | 01:40:04 |
| 57 | 98 | Gättinger | Stefan | Eisenbach | LLM40 | 14 | 01:40:26 |
| 58 | 115 | Sindorf | Heinz | TV Rommerskirchen | LLM60 | 3 | 01:40:33 |
| 59 | 29 | Schenk | Franz-Peter | Neunkirchen | LLM40 | 15 | 01:40:35 |
| 60 | 182 | Borkowski | Jürgen | GSV Porz | LLM40 | 16 | 01:40:37 |
| 61 | 142 | Schmidt | Frank | | LLM40 | 17 | 01:40:45 |
| 62 | 76 | Peter | Bettina | PSV Remagen | LLW45 | 2 | 01:40:55 |
| 63 | 181 | Birke | Thomas | Running Team Burgbrohl | LLM35 | 10 | 01:41:11 |
| 64 | 6 | Sinthern | Hans-Willi | Bornheim | LLM40 | 18 | 01:41:57 |
| 65 | 45 | Arens | Norbert | Merlin-Runners | LLM40 | 19 | 01:42:26 |
| 66 | 57 | Frank | Andreas | LG Meckenheim | LLM40 | 20 | 01:42:27 |
| 67 | 69 | Rückel | Klaus | BSG-die Vollzoglichen | LLM45 | 15 | 01:42:42 |
| 68 | 34 | Panzer | Michael | DIMB Racing Team | LLM35 | 11 | 01:43:00 |
| 69 | 14 | Laakmann | Theo | TUS Rheinberg | LLM70 | 1 | 01:43:09 |
| 70 | 197 | Pernsch | Dietrich | LAV Bad Godesberg | LLM65 | 1 | 01:43:16 |
| 71 | 9 | Dunkel | Jörg | FC Straberg | LLM35 | 12 | 01:43:31 |
| 72 | 11 | Warbel | Michael | SV Bergwacht Rohren | LLM45 | 16 | 01:43:37 |
| 73 | 145 | Füsser | Barbara | LT-Gruiten Neandertal | LLW50 | 1 | 01:43:41 |
| 74 | 129 | Klein | Daniel | Gappenach | LLM35 | 13 | 01:43:45 |
| 75 | 140 | Haardt | Hans-Joachim | BSC Unkelbach | LLM45 | 17 | 01:43:55 |
| 76 | 10 | Bielefeld | Frank | Bonn | LLM40 | 21 | 01:44:01 |
| 77 | 110 | Willems | Hansjörg | SC Kölsch Fründe | LLM40 | 22 | 01:44:08 |
| 78 | 139 | Höfelmann | Klemens | | LLM50 | 10 | 01:44:36 |
| 79 | 103 | Kühn | Achim | SC Kölsch Fründe | LLM50 | 11 | 01:45:11 |
| 80 | 128 | Kuntze | Jörg | LG Laacher See | LLM20 | 1 | 01:45:12 |
| 81 | 164 | Geiser | Peer | LT La Villedieu | LLM40 | 23 | 01:45:35 |
| 82 | 163 | Holtmann | Thomas | LT La Villedieu | LLM45 | 18 | 01:45:36 |
| 83 | 134 | Buderus | Andreas | Spartak Iskra | LLM35 | 14 | 01:45:38 |
| 84 | 151 | Schnitzler | Klaus | LT/TUS Meindorf | LLM50 | 12 | 01:45:55 |
| 85 | 132 | Borowski | Gerd | | LLM50 | 13 | 01:46:12 |
| 86 | 141 | Pütze | Wolfgang | LG Flotte Socke Poll | LLM55 | 5 | 01:46:22 |
| 87 | 62 | Vilvo | Konrad | TV Huchem-Stammeln | LLM65 | 2 | 01:46:25 |
| 88 | 105 | Kön | Helmut | SC Kölsch Fründe | LLM55 | 6 | 01:47:33 |
| 89 | 190 | Dettlaff | Markus | Hürth | LLM35 | 15 | 01:47:51 |
| 90 | 20 | Leunk | Susanne | A.V.Cialfo | LLW20 | 1 | 01:48:04 |
| 91 | 159 | Maes | Jan | | LLM50 | 14 | 01:48:04 |
| 92 | 54 | Hansmann | Birgitt | LG Meckenheim | LLW45 | 3 | 01:48:05 |
| 93 | 74 | Hölters | Oliver | St. Augustin | LLM30 | 4 | 01:48:12 |
| 94 | 169 | Sperling | Christian | | LLM40 | 24 | 01:48:29 |
| 95 | 78 | Kosch | Dieter | Plettenberg | LLM55 | 7 | 01:48:53 |
| 96 | 137 | Bersheim | Steffi | LF Brohltal | LLW20 | 2 | 01:48:53 |
| 97 | 114 | Maassen | Hans | TV Rommerskirchen | LLM65 | 3 | 01:49:08 |
| 98 | 7 | Gutsche | Christan | Meckenheim | LLM40 | 25 | 01:49:10 |
| 99 | 19 | Leunk | Evert | A.V.Cialfo | LLM45 | 19 | 01:50:19 |
| 100 | 68 | Kolb | Gabriele | RSC Rheinbach | LLW50 | 2 | 01:50:56 |
| 101 | 126 | Michaelis | Volker | Solingen | LLM55 | 8 | 01:51:01 |
| 102 | 156 | Lehnert | Hans-Peter | VFL Waldbreitbach | LLM50 | 15 | 01:51:24 |
| 103 | 167 | Koenen | Reymond | Auslaufmodelle Eifel | LLM40 | 26 | 01:51:26 |
| 104 | 157 | Loepke | Wilhelm | TVE Bad Münstereifel | LLM50 | 16 | 01:51:29 |
| 105 | 112 | Lesch | Carsten | SC Kölsch Fründe | LLM20 | 2 | 01:51:48 |
| 106 | 73 | Rohr | Anja | Bottrop | LLW30 | 1 | 01:51:52 |
| 107 | 28 | Hirtsiefer | Andreas | Neunkirchen | LLM45 | 20 | 01:52:06 |
| 108 | 40 | Jochum | Peter | Bruchköbel | LLM50 | 17 | 01:52:16 |
| 109 | 16 | Rühs | Werner | GSV Porz | LLM75 | 1 | 01:52:26 |

| Gesamt- platz | Start- Nr. | Name | Vorname | Verein | Alters- klasse | Platz AK | Zeit |
|------------------|---------------|-------------|---------------|--------------------------|-------------------|-------------|----------|
| 110 | 124 | Bollig | Peter | Erfstadt | LLM35 | 16 | 01:52:28 |
| 111 | 180 | Schillinger | Werner | | LLM35 | 17 | 01:52:29 |
| 112 | 92 | Gericke | Ursula | Gruiten-Neandertal | LLW55 | 1 | 01:52:37 |
| 113 | 146 | Frizen | Heinrich | | LLM55 | 9 | 01:52:43 |
| 114 | 95 | Meier | Christof | Meckenheim | LLM20 | 3 | 01:53:00 |
| 115 | 96 | Gohr | Sebastian | Kaiserslautern | LLM20 | 4 | 01:53:01 |
| 116 | 22 | Dudday | Uwe-Alexander | Sinzig | LLM40 | 27 | 01:53:16 |
| 117 | 171 | Bender | Michael | | LLM50 | 18 | 01:54:18 |
| 118 | 168 | Radtke | Reiner | Auslaufmodelle Eifel | LLM50 | 19 | 01:54:22 |
| 119 | 30 | Eicker | Sigrid | GSV Geldern | LLW55 | 2 | 01:54:24 |
| 120 | 109 | Goßmann | Claudia | SC Kölsch Fründe | LLW35 | 2 | 01:54:38 |
| 121 | 46 | Schuffels | Monika | GSV Geldern | LLW50 | 3 | 01:54:39 |
| 122 | 133 | Adams | Peter | LT Bad Neuenahr | LLM55 | 10 | 01:54:53 |
| 123 | 91 | Ludwig | Karl | Gruiten-Neandertal | LLM55 | 11 | 01:55:16 |
| 124 | 194 | Thelen | Richard | Alfterer SC | LLM50 | 20 | 01:55:24 |
| 125 | 55 | Behrens | Angela | TSV Hochdahl | LLW40 | 1 | 01:56:23 |
| 126 | 56 | Hansen | Dietmar | TSV Hochdahl | LLM40 | 28 | 01:56:23 |
| 127 | 166 | Kempf | Peter | | LLM50 | 21 | 01:56:38 |
| 128 | 38 | Oberhäuser | Angelika | GTSV Solingen | LLW55 | 3 | 01:57:06 |
| 129 | 106 | Gairing | Gerhard | SC Kölsch Fründe | LLM55 | 12 | 01:57:08 |
| 130 | 174 | Kraemer | Elisabeth | Alfterer SC | LLW45 | 4 | 01:57:23 |
| 131 | 70 | Ahlert | Malte | Planungsgruppe Hürth | LLM30 | 5 | 01:57:29 |
| 132 | 150 | Burggraf | Ursula | SV47 Mutscheid | LLW45 | 5 | 01:57:54 |
| 133 | 87 | Zoepke | Klaus | Gruiten-Neandertal | LLM70 | 2 | 01:58:13 |
| 134 | 90 | Scholten | Dietmar | Gruiten-Neandertal | LLM50 | 22 | 01:58:13 |
| 135 | 88 | Welbers | Heinz | Gruiten-Neandertal | LLM60 | 4 | 01:58:25 |
| 136 | 15 | Möhring | Frank | Ahrweiler BC | LLM35 | 18 | 01:59:05 |
| 137 | 8 | Fußhöller | Klaus-Jürgen | Sportverein Nickenich | LLM50 | 23 | 01:59:06 |
| 138 | 161 | Vercaigne | Marc | | LLM35 | 19 | 01:59:14 |
| 139 | 118 | Varoquier | Bernd | SC Kölsch Fründe | LLM35 | 20 | 01:59:20 |
| 140 | 120 | Schwadorf | Dr. Heinrich | Laufzentrum Marienstraße | LLM45 | 21 | 01:59:24 |
| 141 | 13 | Otten | Wolfgang | BSG JVA Rheinbach | LLM40 | 29 | 01:59:25 |
| 142 | 71 | Martin | Diana | Dortmund | LLW30 | 2 | 01:59:39 |
| 143 | 179 | Kerling | Wolfgang | | LLM40 | 30 | 02:00:01 |
| 144 | 189 | Kessel | Klaus | BSG Rheinbach | LLM40 | 31 | 02:00:28 |
| 145 | 203 | Laack | Wolfgang | Bonn | LLM50 | 24 | 02:00:36 |
| 146 | 119 | Hanebeck | Alfred | Laufzentrum Marienstraße | LLM45 | 22 | 02:01:11 |
| 147 | 152 | Thiele | Wolfram | Alfterer SC | LLM50 | 25 | 02:01:14 |
| 148 | 165 | Schorn | Stephan | LT Stadtwald-Enten Köln | LLM40 | 32 | 02:01:26 |
| 149 | 17 | Frank | Waltraut | Laktatkönige Bonn | LLW50 | 4 | 02:01:46 |
| 150 | 127 | Neuer | Josef | Remagen | LLM60 | 5 | 02:01:56 |
| 151 | 3 | Haller | Andreas | SSK Kerpen | LLM45 | 23 | 02:02:10 |
| 152 | 102 | Steffens | Burkhard | SC Kölsch Fründe | LLM45 | 24 | 02:02:11 |
| 153 | 51 | Jonas | Ute | BSG JVA Rheinbach | LLW35 | 3 | 02:02:39 |
| 154 | 52 | Wyffels | Sascha | BSG JVA Rheinbach | LLM35 | 21 | 02:02:39 |
| 155 | 195 | Thelen | Beate | Alfterer SC | LLW40 | 2 | 02:02:41 |
| 156 | 18 | Assenmacher | Rainer | LG Leidensweg | LLM50 | 26 | 02:03:03 |
| 157 | 83 | Soost | Dr.Günther G. | SV Windhagen | LLM50 | 27 | 02:03:20 |
| 158 | 149 | Müller | Sabine | SV47 Mutscheid | LLW35 | 4 | 02:03:30 |
| 159 | 160 | van Beek | Betty | | LLW50 | 5 | 02:04:56 |
| 160 | 43 | Hahne | Uwe | LT Rennhamster | LLM40 | 33 | 02:09:30 |
| 161 | 135 | Tutt | Karl | Laktatkönige Köln | LLM45 | 25 | 02:09:36 |
| 162 | 42 | Hahne | Wolfgang | LC Worb | LLM50 | 28 | 02:09:43 |
| 163 | 122 | Proksch | Jürgen | TV 06 Bad Neuenahr e.V. | LLM35 | 22 | 02:09:46 |
| 164 | 177 | Sapauschke | Wiltrut | Alfterer SC | LLW60 | 1 | 02:11:36 |
| 165 | 178 | Melzer | Elke | Alfterer SC | LLW40 | 3 | 02:11:37 |
| 166 | 123 | Stenz | Eva | TV 06 Bad Neuenahr e.V. | LLW50 | 6 | 02:12:21 |

| Gesamt- platz | Start- Nr. | Name | Vorname | Verein | Alters- klasse | Platz AK | Zeit |
|------------------|---------------|-------------------|-----------|---------------------|-------------------|-------------|----------|
| 167 | 130 | Marschneu | Dieter | Bonn | LLM65 | 4 | 02:12:28 |
| 168 | 147 | Burggraf | Pamela | SV47 Mutscheid | LLW30 | 3 | 02:12:28 |
| 169 | 65 | Romlau | Bernd | LG RWE Power | LLM40 | 34 | 02:12:31 |
| 170 | 125 | Hansen | Stefan | Erfstadt | LLM40 | 35 | 02:12:48 |
| 171 | 1 | Brosk | Günter | DTV 1847 Düsseldorf | LLM60 | 6 | 02:13:56 |
| 172 | 172 | Saul | Baerbel | SG Kaarst | LLW60 | 2 | 02:13:56 |
| 173 | 2 | Brosk | Hannelore | ASC Rosellen-Neuss | LLW55 | 4 | 02:13:57 |
| 174 | 77 | Ruschke | Jörg | Porz-Gremberghoven | LLM35 | 23 | 02:14:05 |
| 175 | 100 | Hartung-Mogielski | Sabine | Neuss | LLW40 | 4 | 02:15:13 |
| 176 | 99 | Mogielski | Klaus | Neuss | LLM40 | 36 | 02:15:14 |

Rotweinwanderweg-Volkslauf 12. Juni 2005
Ergebnisse 3,8 km

| Start-Nr. | Name | Vorname | Verein | Zeit |
|-----------|-----------|-------------|------------------------|----------|
| 411 | Heinzen | Werner | Gerolsteiner LGV | 00:22:48 |
| 412 | Frey | Gudrun | Hunsrück-Marathon e.v. | 00:24:21 |
| 413 | Creuzberg | Eike | SV Blau-Gelb Dernau | 00:17:46 |
| 414 | Schmalz | Andreas | SC Kölsch Fründe | 00:17:37 |
| 415 | Lessenich | Philipp | SC Kölsch Fründe | 00:19:17 |
| 416 | Klassen | Claudia | SC Kölsch Fründe | 00:21:48 |
| 417 | Honnacker | Mignon | SC Kölsch Fründe | 00:21:55 |
| 418 | Krüger | Monika | SC Kölsch Fründe | 00:32:08 |
| 419 | Döres | Herbert | SC Kölsch Fründe | 00:22:13 |
| 420 | Ewen | Michelle | LG Gimmigen | 00:20:39 |
| 421 | Vercaigne | Nick | Arendonk Belgie | 00:18:46 |
| 422 | Fiedler | Klaus-Peter | VfB Lantershöfen | 00:18:55 |
| 423 | Schlaak | Annie | LT Wachtberger Drachen | 00:19:24 |
| 424 | Dunkel | Stephanie | Rommerskirchen | 00:32:36 |
| 425 | Bohr | Sven | Meckenheim | 00:20:04 |
| 426 | Schneider | Björn | Rheinbach | 00:16:21 |
| 427 | Kalt | Marina | SV Blau-Gelb Dernau | 00:25:22 |
| 428 | Schopen | Nikolaus | Mayschoß | 00:21:48 |
| 430 | Beckmann | Franz | SG Bachem Walporzheim | 00:18:27 |
| 431 | Göbel | Alina | Ringgen | 00:26:28 |
| 432 | Göbel | Martina | Ringgen | 00:36:38 |
| 433 | Woitol | Karin | Ringgen | 00:25:16 |
| 434 | Klasen | Florian | LG Laacher See | 00:24:38 |
| 435 | Rohde | Anabel | LC Weilerswist | 00:22:57 |
| 436 | Rohde | Horst | LC Weilerswist | 00:22:58 |
| 437 | Noll | Axel | SV Blau-Gelb Dernau | 00:18:24 |

Rotweinwanderweg-Volkslauf 12. Juni 2005

Ergebnisse 400 Meter

| Gesamt- platz | Start- Nr. | Name | Vorname | Verein | Alters- klasse | Platz AK | Zeit |
|------------------|---------------|---------------|-----------|--------------------|-------------------|-------------|----------|
| 1 | 217 | Götte | Jonas | Grundschule Ringen | SMD | 1 | 00:02:04 |
| 2 | 24 | Ley | Eva-Maria | Schule Dernau | SWD | 1 | 00:02:07 |
| 3 | 30 | Harrichhausen | Michelle | Schule Dernau | SWD | 2 | 00:02:08 |
| 4 | 213 | Schletz | Matthias | Grundschule Ringen | SMD | 2 | 00:02:09 |
| 5 | 419 | Ott | Carlos | SV Bell | SMD | 3 | 00:02:09 |
| 6 | 53 | Schnitzler | Johannes | Schule Dernau | SMD | 4 | 00:02:10 |
| 7 | 51 | Nietgen | Leo | Schule Dernau | SMD | 5 | 00:02:11 |
| 8 | 373 | Hecker | Alexander | Grundschule Ringen | SMD | 6 | 00:02:11 |
| 9 | 18 | Berk | Michelle | Schule Dernau | SWD | 3 | 00:02:12 |
| 10 | 52 | Schnitt | Jordan | Schule Dernau | SMD | 7 | 00:02:13 |
| 11 | 43 | Trarbach | Linda | Schule Dernau | SWD | 4 | 00:02:14 |
| 12 | 388 | Groß | Juliana | Schule Dernau | SWD | 5 | 00:02:15 |
| 13 | 44 | Weber | Manuel | Schule Dernau | SMD | 8 | 00:02:16 |
| 14 | 412 | Gotte | Finn | Grundschule Ringen | SME | 1 | 00:02:17 |
| 15 | 25 | Peters | Felix | Schule Dernau | SMD | 9 | 00:02:18 |
| 16 | 38 | Kastenholz | Jan | Schule Dernau | SMD | 10 | 00:02:19 |
| 17 | 407 | Görgen | Jannek | LT Baar | SMD | 11 | 00:02:20 |
| 18 | 409 | Mühlenbeck | Maike | | SWE | 1 | 00:02:21 |
| 19 | 406 | Weißbeck | Phillip | LG Gimmingen | SMD | 12 | 00:02:22 |
| 20 | 424 | Dresen | Victoria | Ringen | SWD | 6 | 00:02:22 |
| 21 | 41 | Poppelreuter | Emina | Schule Dernau | SWD | 7 | 00:02:23 |
| 22 | 47 | klee | Jonah | Schule Dernau | SMD | 13 | 00:02:23 |
| 23 | 31 | Hartenberg | Natalie | Schule Dernau | SWD | 8 | 00:02:24 |
| 24 | 50 | Nietgen | Johannes | Schule Dernau | SMD | 14 | 00:02:24 |
| 25 | 66 | Sebastian | Lina | Schule Dernau | SWD | 9 | 00:02:24 |
| 26 | 58 | Grimminger | Pascal | Schule Dernau | SMD | 15 | 00:02:25 |
| 27 | 205 | Heimermann | Alica | Schule Dernau | SWD | 10 | 00:02:25 |
| 28 | 61 | Kreuzberg | Lea-Marie | Schule Dernau | SWE | 2 | 00:02:26 |
| 29 | 223 | Visang | Lukas | Grundschule Ringen | SMD | 16 | 00:02:27 |
| 30 | 35 | Di Carlo | Phillip | Schule Dernau | SMD | 17 | 00:02:28 |
| 31 | 368 | Derz | Frederike | Grundschule Ringen | SWD | 11 | 00:02:28 |
| 32 | 364 | Wronka | Celina | Grundschule Ringen | SWD | 12 | 00:02:29 |
| 33 | 20 | Gammmler | Saskia | Schule Dernau | SWD | 13 | 00:02:30 |
| 34 | 391 | Gebhard | Alexander | Gelsdorf | SMD | 18 | 00:02:31 |
| 35 | 64 | Schopen | Severin | Schule Dernau | SWD | 14 | 00:02:31 |
| 36 | 57 | Berzen | Leonie | Schule Dernau | SWD | 15 | 00:02:32 |
| 37 | 397 | Drack | Anja | SC Kölsch Fründe | SWD | 16 | 00:02:32 |
| 38 | 415 | Henscheid | Nils | GS Ringen | SMD | 19 | 00:02:32 |
| 39 | 33 | Bäcker | Isabella | Schule Dernau | SWD | 17 | 00:02:33 |
| 40 | 421 | Peters | Philip | Dernau | SME | 2 | 00:02:33 |
| 41 | 40 | Neiß | David | Schule Dernau | SMD | 20 | 00:02:34 |
| 42 | 358 | Schmitt | Tamara | Grundschule Ringen | SWD | 18 | 00:02:34 |
| 43 | 367 | Vier | Jaqueline | Grundschule Ringen | SWD | 19 | 00:02:34 |
| 44 | 390 | Gebhard | Michael | Gelsdorf | SME | 3 | 00:02:35 |
| 45 | 46 | Jeckstadt | Tim | Schule Dernau | SMD | 21 | 00:02:35 |
| 46 | 49 | Marnier | Annika | Schule Dernau | SWD | 20 | 00:02:35 |
| 47 | 208 | Lepping | Johanna | Schule Dernau | SWE | 3 | 00:02:35 |
| 48 | 42 | Sermann | Lena | Schule Dernau | SWD | 21 | 00:02:36 |
| 49 | 218 | Oberhäuser | Nick | Grundschule Ringen | SME | 4 | 00:02:36 |
| 50 | 209 | Lepping | Leandra | Schule Dernau | SWE | 4 | 00:02:37 |
| 51 | 215 | Benner | Niklas | Grundschule Ringen | SME | 5 | 00:02:37 |
| 52 | 420 | Heinen | Christian | GS Ringen | SMD | 22 | 00:02:37 |

| Gesamt- platz | Start- Nr. | Name | Vorname | Verein | Alters- klasse | Platz AK | Zeit |
|------------------|---------------|-------------|--------------|-------------------------|-------------------|-------------|----------|
| 53 | 210 | Noll | Felix | Schule Dernau | SME | 6 | 00:02:38 |
| 54 | 63 | Marmann | Bianca | Schule Dernau | SWE | 5 | 00:02:39 |
| 55 | 392 | Visang | Aaron | Schule Ringen | SME | 7 | 00:02:39 |
| 56 | 365 | Breustedt | Wiebke | Grundschule Ringen | SWD | 22 | 00:02:40 |
| 57 | 418 | Bachem | Jan | Schule Ringen | SMD | 23 | 00:02:40 |
| 58 | 371 | Umland | Fabian | Grundschule Ringen | SMD | 24 | 00:02:41 |
| 59 | 26 | Dewald | Nico | Schule Dernau | SMD | 25 | 00:02:42 |
| 60 | 398 | Stangl | Paula | SC Kölsch Fründe | SWE | 6 | 00:02:42 |
| 61 | 60 | Keutgen | Marvin | Schule Dernau | SME | 8 | 00:02:44 |
| 62 | 370 | Eppich | Jan-Malk | Grundschule Ringen | SME | 9 | 00:02:45 |
| 63 | 22 | Klein | Alexander | Schule Dernau | SMD | 26 | 00:02:46 |
| 64 | 356 | Friedler | Ruth | Grundschule Ringen | SWD | 23 | 00:02:46 |
| 65 | 67 | Steffes | Jana | Schule Dernau | SWD | 24 | 00:02:47 |
| 66 | 389 | Müller | Niclas | Schule Dernau | SMD | 27 | 00:02:47 |
| 67 | 21 | Gieler | Janine | Schule Dernau | SWD | 25 | 00:02:48 |
| 68 | 221 | Steber | Robin | Grundschule Ringen | SMD | 28 | 00:02:48 |
| 69 | 396 | Weis | Hannah | SC Kölsch Fründe | SWD | 26 | 00:02:48 |
| 70 | 19 | Effert | Melanie | Schule Dernau | SWD | 27 | 00:02:49 |
| 71 | 380 | Müller | Johannes | Kinderturngruppe Dernau | SME | 10 | 00:02:49 |
| 72 | 54 | Stephan | Maike | Schule Dernau | SWD | 28 | 00:02:50 |
| 73 | 225 | Strieker | Julian | Grundschule Ringen | SME | 11 | 00:02:50 |
| 74 | 39 | Ley | Christian | Schule Dernau | SMD | 29 | 00:02:51 |
| 75 | 359 | Mombauer | Michele | Grundschule Ringen | SWD | 29 | 00:02:51 |
| 76 | 37 | Handanagic | Benjamin | Schule Dernau | SMD | 30 | 00:02:52 |
| 77 | 48 | Leyendecker | Kathrin | Schule Dernau | SWD | 30 | 00:02:52 |
| 78 | 32 | Adenäuer | Tamara | Schule Dernau | SWD | 31 | 00:02:53 |
| 79 | 36 | Gilles | Moritz | Schule Dernau | SMD | 31 | 00:02:53 |
| 80 | 28 | Großgarten | Jessica | Schule Dernau | SWD | 32 | 00:02:54 |
| 81 | 211 | Schenk | Christoph | Schule Dernau | SME | 12 | 00:02:54 |
| 82 | 23 | Preußner | Daniel | Schule Dernau | SMD | 32 | 00:02:55 |
| 83 | 361 | Fritsche | Lara | Grundschule Ringen | SWD | 33 | 00:02:56 |
| 84 | 376 | Surges | Daniel | Kinderturngruppe Dernau | SME | 13 | 00:02:56 |
| 85 | 408 | Handanagic | Dennis | SV Blau Gelb Dernau | SMF | 1 | 00:02:57 |
| 86 | 417 | Liersch | Pia | Bengen | SWD | 34 | 00:02:57 |
| 87 | 55 | Wegerhof | Gina | Schule Dernau | SWD | 35 | 00:02:58 |
| 88 | 416 | Zacher | Marcel | GS Ringen | SMD | 33 | 00:02:58 |
| 89 | 219 | Hecker | Manuel | Grundschule Ringen | SMD | 34 | 00:02:59 |
| 90 | 362 | Wahisi | Dunja | Grundschule Ringen | SWE | 7 | 00:02:59 |
| 91 | 387 | Schall | Nina | Schule Dernau | SWD | 36 | 00:03:00 |
| 92 | 220 | Ramershoven | Nils | Grundschule Ringen | SMD | 35 | 00:03:01 |
| 93 | 381 | Nietgen | Laura | Kinderturngruppe Dernau | SWE | 8 | 00:03:01 |
| 94 | 382 | Schäfer | Celine | Kinderturngruppe Dernau | SWE | 9 | 00:03:02 |
| 95 | 372 | Wahisi | Habib | Grundschule Ringen | SMD | 36 | 00:03:02 |
| 96 | 216 | Peltzer | Kevin | Grundschule Ringen | SME | 14 | 00:03:03 |
| 97 | 360 | Nicolausen | Laureen | Grundschule Ringen | SWD | 37 | 00:03:05 |
| 98 | 405 | Weißbeck | Tim | LG Gimmingen | SME | 15 | 00:03:05 |
| 99 | 56 | Bergmann | Anne | Schule Dernau | SWD | 38 | 00:03:06 |
| 100 | 386 | Stephan | Sven | LG Gimmingen | SME | 16 | 00:03:06 |
| 101 | 17 | Gutsche | Anne-Kathrin | Meckenheim | SWE | 10 | 00:03:07 |
| 102 | 214 | Schneider | Jannik | Grundschule Ringen | SMD | 37 | 00:03:07 |
| 103 | 206 | Holzem | Lara | Schule Dernau | SWE | 11 | 00:03:08 |
| 104 | 413 | Effert | Domenik | KiKa | SME | 17 | 00:03:08 |
| 105 | 34 | Bräuer | Julia | Schule Dernau | SWD | 39 | 00:03:09 |
| 106 | 399 | Schnitzler | Leona | SV Blau Gelb Dernau | SWF | 1 | 00:03:10 |
| 107 | 374 | Thiel | Barbara | Grundschule Ringen | SWD | 40 | 00:03:11 |
| 108 | 411 | Krämer | Sofia | Bad Breisig | SWD | 41 | 00:03:13 |
| 109 | 400 | Kohlhaas | Julia | LG Gimmingen | SWE | 12 | 00:03:14 |

| Gesamt- platz | Start- Nr. | Name | Vorname | Verein | Alters- klasse | Platz AK | Zeit |
|------------------|---------------|-------------------|--------------|-------------------------|-------------------|-------------|----------|
| 110 | 29 | Hammes | Alina | Schule Dernau | SWD | 42 | 00:03:18 |
| 111 | 59 | Hübner | Nina | Schule Dernau | SWE | 13 | 00:03:20 |
| 112 | 414 | Neukirchen | Nicolas | Dernau | SMF | 2 | 00:03:20 |
| 113 | 410 | Leyendecker | Sascha | Dernau | SME | 18 | 00:03:25 |
| 114 | 377 | Sebastian | Lara | Kinderturngruppe Dernau | SWE | 14 | 00:03:27 |
| 115 | 379 | Dewald | Angelina | Kinderturngruppe Dernau | SWE | 15 | 00:03:28 |
| 116 | 383 | Scholz | Stella | Kinderturngruppe Dernau | SWE | 16 | 00:03:29 |
| 117 | 62 | Lichius | Anne-Kathrin | Schule Dernau | SWE | 17 | 00:03:31 |
| 118 | 375 | Großgarten | Ines | Kinderturngruppe Dernau | SWE | 18 | 00:03:32 |
| 119 | 369 | Wilms | Laura | Grundschule Ringen | SWE | 19 | 00:03:33 |
| 120 | 201 | Arndt | Jana | Schule Dernau | SWE | 20 | 00:03:34 |
| 121 | 378 | Banamer | Jasmina | Kinderturngruppe Dernau | SWE | 21 | 00:03:35 |
| 122 | 207 | Ismar | Christina | Schule Dernau | SWE | 22 | 00:03:36 |
| 123 | 384 | Wollersheim | Julia | Kinderturngruppe Dernau | SWE | 23 | 00:03:38 |
| 124 | 45 | Hartenberg | Niclas | Schule Dernau | SMF | 3 | 00:03:39 |
| 125 | 385 | Wollersheim | Jan | Kinderturngruppe Dernau | SMF | 4 | 00:03:41 |
| 126 | 212 | Holzem | Tim | Schule Dernau | SMF | 5 | 00:03:59 |
| 127 | 423 | Benamer Belkocern | Louins | Dernau | SMF | 6 | 00:04:31 |

Rotweinwanderweg-Volkslauf 12. Juni 2005

Ergebnisse 800 Meter

| Gesamt- platz | Start- Nr. | Name | Vorname | Verein | Alters- klasse | Platz AK | Zeit |
|------------------|---------------|----------------|-------------|-----------------------|-------------------|-------------|----------|
| 1 | 693 | Weißbeck | Christopher | LG Gimmingen | SMA | 1 | 00:02:24 |
| 2 | 655 | Kathe | Florian | LT-Ahrweiler | SMA | 2 | 00:02:35 |
| 3 | 687 | Cocker | Kenton | PSV Remagen | SMB | 1 | 00:02:36 |
| 4 | 369 | Michels | Henrik | LGV Gerolstein | SMB | 2 | 00:02:42 |
| 5 | 388 | Creuzberg | Eike | Schule Dernau | SMC | 1 | 00:02:47 |
| 6 | 692 | Bell | Niklas | LG Gimmingen | SMA | 3 | 00:02:48 |
| 7 | 656 | Beckmann | Franz | SG Bachem Walporzheim | SMB | 3 | 00:02:55 |
| 8 | 505 | Hartenberg | Michael | Schule Dernau | SMB | 4 | 00:02:56 |
| 9 | 367 | Gutsche | Niklas | Meckenheim | SMC | 2 | 00:02:59 |
| 10 | 370 | Michels | Thomas | LGV Gerolstein | SMC | 3 | 00:03:00 |
| 11 | 389 | Gilles | Corinna | Schule Dernau | SWC | 1 | 00:03:00 |
| 12 | 391 | Klarhorst | Lars | Schule Dernau | SMC | 4 | 00:03:04 |
| 13 | 504 | Bräuer | Jannik | Schule Dernau | SMC | 5 | 00:03:07 |
| 14 | 688 | Weis | Fabian | SC Kölsch Fründe | SMB | 5 | 00:03:07 |
| 15 | 383 | Schoppen | Nikolaus | Schule Dernau | SMC | 6 | 00:03:10 |
| 16 | 657 | Unland | Tobias | GSV Grafenschaft | SMC | 7 | 00:03:11 |
| 17 | 652 | Fiedler | Johannes | Karweiler | SMB | 6 | 00:03:12 |
| 18 | 368 | Heise | Lucas | TVE Münstereifel | SMC | 8 | 00:03:13 |
| 19 | 510 | Etten | Simon | Grundschule Ringen | SMC | 9 | 00:03:15 |
| 20 | 651 | Winzmann | Nadja | SV Blau-Gelb Dernau | SWB | 1 | 00:03:15 |
| 21 | 373 | Baltes | Ruth | Schule Dernau | SWC | 2 | 00:03:16 |
| 22 | 690 | Janson | Nora | SC Kölsch Fründe | SWC | 3 | 00:03:17 |
| 23 | 376 | Heimermann | Maren | Schule Dernau | SWC | 4 | 00:03:19 |
| 24 | 501 | Kunert | Dominik | Schule Dernau | SMC | 10 | 00:03:22 |
| 25 | 509 | Pfennig | Lukas | Grundschule Ringen | SMC | 11 | 00:03:23 |
| 26 | 508 | Fuchs | Tobias | Grundschule Ringen | SMC | 12 | 00:03:24 |
| 27 | 684 | Königsberger | Victor | Grundschule Ringen | SMC | 13 | 00:03:24 |
| 28 | 512 | Sijaric | Hamdo | Grundschule Ringen | SMC | 14 | 00:03:26 |
| 29 | 384 | Van den Brekel | Mathis | Schule Dernau | SMC | 15 | 00:03:27 |
| 30 | 519 | Peter | Caroline | Grundschule Ringen | SWC | 5 | 00:03:27 |
| 31 | 390 | Josten | Janek | Schule Dernau | SMC | 16 | 00:03:28 |
| 32 | 378 | Marner | Jonas | Schule Dernau | SMC | 17 | 00:03:29 |
| 33 | 516 | Feist | Thekla | Grundschule Ringen | SWC | 6 | 00:03:29 |
| 34 | 490 | Marner | Miriam | Schule Dernau | SWC | 7 | 00:03:30 |
| 35 | 502 | Nietgen | Marco | Schule Dernau | SMC | 18 | 00:03:30 |
| 36 | 515 | Wershofen | Caroline | Grundschule Ringen | SWC | 8 | 00:03:31 |
| 37 | 387 | Bertram | Mandy | Schule Dernau | SWC | 9 | 00:03:32 |
| 38 | 392 | Kurth | Christina | Schule Dernau | SWC | 10 | 00:03:34 |
| 39 | 689 | Weis | Robin | SC Kölsch Fründe | SMC | 19 | 00:03:34 |
| 40 | 375 | Harrichhausen | Kristin | Schule Dernau | SWC | 11 | 00:03:35 |
| 41 | 491 | Müller | Stephan | Schule Dernau | SMB | 7 | 00:03:36 |
| 42 | 518 | Bachem | Lisa | Grundschule Ringen | SWC | 12 | 00:03:37 |
| 43 | 682 | Zeiger | Mike | Grundschule Ringen | SMC | 20 | 00:03:37 |
| 44 | 492 | Schmitt | Lena | Schule Dernau | SWC | 13 | 00:03:38 |
| 45 | 499 | Großgarten | Wayne | Schule Dernau | SMC | 21 | 00:03:38 |
| 46 | 382 | Schnitzler | Franziska | Schule Dernau | SWC | 14 | 00:03:39 |
| 47 | 685 | Thiel | Sebastian | Grundschule Ringen | SMC | 22 | 00:03:39 |
| 48 | 521 | Jentsch | Jasmin | Grundschule Ringen | SWC | 15 | 00:03:40 |
| 49 | 498 | Frings | Marvin | Schule Dernau | SMC | 23 | 00:03:42 |
| 50 | 653 | Bertram | Katrin | SV Blau-Gelb Dernau | SWB | 2 | 00:03:42 |
| 51 | 514 | Holzem | Doreen | Grundschule Ringen | SWC | 16 | 00:03:43 |
| 52 | 500 | Heinsch | Marcell | Schule Dernau | SMC | 24 | 00:03:44 |

| Gesamt- platz | Start- Nr. | Name | Vorname | Verein | Alters- klasse | Platz AK | Zeit |
|------------------|---------------|------------|----------------|--------------------|-------------------|-------------|----------|
| 53 | 522 | Etten | Anne | Grundschule Ringen | SWC | 17 | 00:03:44 |
| 54 | 495 | Zedler | Shameena | Schule Dernau | SWC | 18 | 00:03:45 |
| 55 | 513 | Schmiedel | Matthis | Grundschule Ringen | SMC | 25 | 00:03:45 |
| 56 | 686 | Müller | Peter | Schule Dernau | SMC | 26 | 00:03:47 |
| 57 | 658 | V.Vähren | Christina | Witterschlick | SMC | 27 | 00:03:49 |
| 58 | 385 | Barz | Aysel | Schule Dernau | SWC | 19 | 00:03:50 |
| 59 | 503 | Nonn | Maren | Schule Dernau | SWC | 20 | 00:03:51 |
| 60 | 654 | Schmitz | Ann-Kathrin | TV-Altendorf | SWC | 21 | 00:03:54 |
| 61 | 506 | Göbel | Lisanne | Grundschule Ringen | SWC | 22 | 00:03:55 |
| 62 | 377 | Kohlhaas | Sandy | Schule Dernau | SWC | 23 | 00:03:56 |
| 63 | 496 | Habicht | Anna-Katharina | Schule Dernau | SWC | 24 | 00:04:00 |
| 64 | 520 | Zacher | Kathrin | Grundschule Ringen | SWC | 25 | 00:04:02 |
| 65 | 507 | Woitol | Johanna | Grundschule Ringen | SWC | 26 | 00:04:06 |
| 66 | 683 | Meyer | Max | Grundschule Ringen | SMC | 28 | 00:04:12 |
| 67 | 381 | Schadeck | Melanie | Schule Dernau | SWC | 27 | 00:04:14 |
| 68 | 379 | Neukirchen | Jan-Luca | Schule Dernau | SMC | 29 | 00:04:36 |

Rotweinwanderweg-Volkslauf 12. Juni 2005
Walking / NordicWalking

| Start-Nr. | Name | Vorname | Verein | Zeit |
|-----------|-------------|----------|------------------------|-------|
| 601 | Ricken | Eike | TV Eiche 02 Bad Honnef | 28:22 |
| 603 | Schmutzler | Ralf | Sportfreunde Türnich | 32:39 |
| 604 | Schmutzler | Barbara | Sportfreunde Türnich | 32:38 |
| 605 | Eisele | Wolfgang | | 31:08 |
| 606 | Frey | Klaus | Hunsrück-Marathon e.V. | 29:39 |
| 607 | Bruchhaus | Günter | LA Tus Mayen | 29:40 |
| 608 | Gottschalk | Eva | SC Kölsch Fründe | 33:35 |
| 609 | Schroiff | Anita | | 32:30 |
| 610 | Pelz | Anke | SC Kölsch Fründe | 33:34 |
| 611 | Klassen | Irmtraud | SC Kölsch Fründe | 33:31 |
| 612 | Odenkirchen | Alois | LG Gimmingen | 32:33 |
| 613 | Kubach | Monika | LG Gimmingen | 29:32 |
| 614 | Ewen | Margit | LG Gimmingen | 32:51 |
| 615 | Schriever | Andrea | LT Solingen | 28:34 |
| 616 | Beckmann | Steffi | SG Bachem-Walporzheim | 35:26 |
| 617 | Kathe | Jutta | LT Ahrweiler | 35:28 |